

Monday

Blueberry Muffin

Chicken Filet Sand. or Ravioli
Oven Fries
Green Peas
Mixed Fruit

Animal Crackers w/ Milk

Pancake/Sausage on Stick

Hot Dog on Bun or Fish Nuggets
Potato Tots
Baked Beans & Slaw
Mixed Fruit

Graham Crackers w/ Milk

Blueberry Muffin

Chicken Filet Sand. or Ravioli
Oven Fries
Green Peas
Mixed Fruit

Animal Crackers w/ Milk

Pancake/Sausage on Stick

Hot Dog on Bun or Chicken Fajitas
Potato Tots
Baked Beans & Slaw
Mixed Fruit

Graham Crackers w/ Milk

Guess What?

Your heart can beat up to 40,000,000 times per year!
Roller-skating involves all of the body's muscles, especially the heart, and provides a complete aerobic workout.

Tuesday

Sausage Biscuit

Cheese Pizza or Vegetable Beef Soup w/ Toasted Cheese or PB SW
Tossed Salad, California Veg., Fresh Fruit

Peanut Butter Ritz Bits & Juice

Chicken Biscuit

Pepperoni Pizza or Pork BBQ Sandwich
Slaw, Corn
Macaroni & Cheese
Pears

Cheese Ritz Bits & Juice

Sausage Biscuit

Cheese Pizza or Vegetable Beef Soup w/ Toasted Cheese or PB SW
Tossed Salad, California Veg., Fresh Fruit

Peanut Butter Ritz Bits & Juice

Chicken Biscuit

Pepperoni Pizza or Pork BBQ Sandwich
Slaw, Corn
Macaroni & Cheese
Pears

Cheese Ritz Bits & Juice

Wednesday

Steak Biscuit

Soft Taco w/ lettuce,tomato, cheese or Corndog Nuggets
Pinto Beans
Oven Roasted Potatoes
Mandarin Oranges

Grandma's Choc. Chip Cookie w/ Milk

Ham Biscuit

Chicken Nuggets or Chili w/ Tortilla Chips
Baked Potato
Peas and Carrots
Applesauce

Rice Krispie Treat & Milk

Steak Biscuit

Soft Taco w/ lettuce,tomato, cheese or Corndog
Pinto Beans
Oven Roasted Potatoes
Mandarin Oranges

Grandma's Choc. Chip Cookie w/ Milk

Manager's Choice

Early dismissal at 11:30 am

Thursday

Oatmeal w/ Cinnamon Toast

Spaghetti w/ roll or Chicken Rings w/ roll
lettuce,tomato,pickle
Green Beans, Tossed Salad,
Applesauce

Fruity Cheerios Bar & Milk

Biscuit & Gravy

Baked Ham or Steak and Gravy, Roll
Mashed Potatoes
Green Beans
Fruit Crisp

Cinn. Toast Crunch Bar w/ Milk

Oatmeal w/ Cinnamon Toast

Spaghetti w/ roll or Chicken Rings w/ roll
lettuce,tomato,pickle
Green Beans, Tossed Salad,
Applesauce

Fruity Cheerios Bar & Milk

Biscuit & Gravy

Baked Ham or Steak and Gravy, Roll
Mashed Potatoes
Green Beans
Fruit Crisp

Cinn. Toast Crunch Bar w/ Milk

Friday

Breakfast Pizza

Cheeseburger on Bun or Turkey & Cheese SW
Lettuce and Tomato
Broccoli, Oven Fries
Peaches

Rice Krispie Treat & Milk

Breakfast Pizza

Ham & Cheese SW or Lasagna w/ roll
Tossed Salad
Corn
Peaches

Mozz. String Cheese & Juice

Breakfast Pizza

Cheeseburger on Bun or Turkey & Cheese SW
Lettuce and Tomato
Broccoli, Oven Fries
Peaches

Rice Krispie Treat & Milk

Breakfast Pizza

Ham & Cheese SW or Lasagna w/ roll
Tossed Salad
Corn
Peaches

Mozz. String Cheese & Juice

Menu Options

Breakfast Menu- Students must take 3 food choices
Lunch Menu - Students must take at least 3 food items

Breakfast Choices Daily

Fruit or Juice
Assorted Cereals
Assorted Bread Choices
Skim and 1% Milk

Lunch Choices Daily

Peanut Butter & Jelly Sandwich
Skim and 1% Milk

February - 20 days

Red. Breakfast (\$0.30)	\$6.00
Red. Lunch (\$0.40)	\$8.00
Paid Breakfast (\$1.00)	\$20.00
Pd. Lunch K-5(\$1.75)	\$35.00
Pd. Lunch 6-12(\$2.00)	\$40.00
Adult Breakfast(\$1.25)	\$25.00
Adult Lunch(\$3.00)	\$60.00

A \$25.00 fee will be charged for all returned checks.

School News

Menus are subject to change due to weather, calendar changes, product availability and/or deliveries.

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